

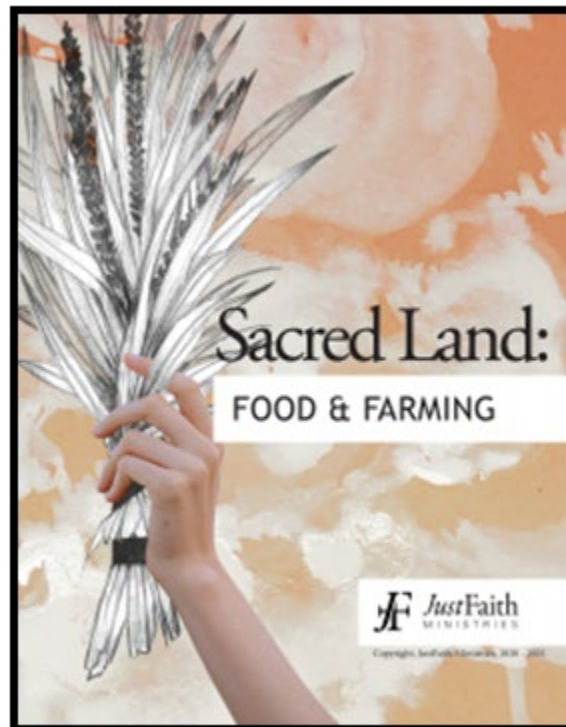
JustFaith Ministries - What is your place in the world?

Please view this video:

<https://youtu.be/CB2OuSjMxps?si=Q0Wkl2FfQobJnLyi>

We invite you to consider joining one of the JustFaith small groups happening at Pax Christi this year. The first group begins January 4, with other offerings starting in the spring. Please take a moment to view the brief video to learn more about JustFaith.

Pax Christi members have expressed a deep gratitude for the sacred, challenging, and loving JustFaith small group experience which uncovers new pathways to bring our faith life to contemporary social issues.



Sacred Land: Food and Farming

Beginning at Pax Christi in January of 2024.

Will meet on Thursday evenings from 6:30 to 8:30PM.

The first program in JustFaith Ministries' Eco-Justice Series, explores our connection to the land and our responsibility for it.

Program Overview

Small groups learn how food and farming practices affect the climate crisis, marginalized communities, and their own health and spiritual wellbeing. Participants explore practical ways to implement sustainable food and farming practices in the communities and the institutions of which they're a part.

Goals of the Program:

- To celebrate our sacred connection to the land and the nourishment it provides
- To learn about how food and farming practices affect marginalized communities and the climate crisis
- To develop tools for supporting sustainable food and farming practices in order to build healthy communities and a healthy planet.

Recommended group size: 8-15. Sessions include:

- Prayer & Reflection
- Discussion of Reading
- Videos/Group Activities
- Spiritual Practices
- Integration of Faith

Framework and session topics

- Optional: Getting to Know You Session
- Session 1: From Individualism to Interconnectedness
- Session 2: Whose Land?
- Session 3: Soil and Seeds
- Session 4: Farmed Animals
- Session 5: Buy Local!
- Session 6: "Big Ag" and Public Policy
- Immersion experience into the local community
- Session 7: Urban Gardening 101
- Session 8: Taking Action

Sacred land: Food and Farming books include:

- *Braiding Sweetgrass* by Robin Wall Kimmerer
- *Earth Prayers* by Elizabeth Roberts and Elias Amidon
- *Laudato Si* by Pope Francis

If you are interested in joining this small group, click on the link below:

<https://giving.parishsoft.com/App/Form/d39a9d11-4741-4222-9cb0-e47404c685be>

For more information, contact Joan Howe-Pullis at jhowe-pullis@paxchristi.com

The following programs have not yet been scheduled and will be scheduled based on interest in participation. If you would like to engage with any of these small groups, please contact Joan Howe-Pullis at jhowe-pullis@paxchristi.com.



Want to Talk:

Communication Tools for Divided Times

Want to Talk: Communication Tools for Divided Times offers wisdom for navigating disagreement in a healthier way — whether in personal relationships or when working for social change.

Program Overview

Want to Talk: Communication Tools for Divided Times will guide you in deepening your relationships while staying true to your values, whether you find yourself navigating a heated disagreement with a spouse, interrupting racism in the office, facilitating political tension in church, or working for systemic change around any justice issue.

Goals of the Program:

- Learn how Jesus navigated systemic injustice, political unrest, and interpersonal conflict, in order to discern how we might respond to similar situations today.
- Learn communication tools for seeking justice in the issue about which you are most passionate.
- Learn to navigate disagreement in a healthier way — whether in personal relationships or when working for systemic change.
- Strengthen communication skills for assisting divided congregations, organizations, and communities in moving from ‘us and them’ to a greater sense of shared vision.

Recommended group size: 8-15. Sessions include:

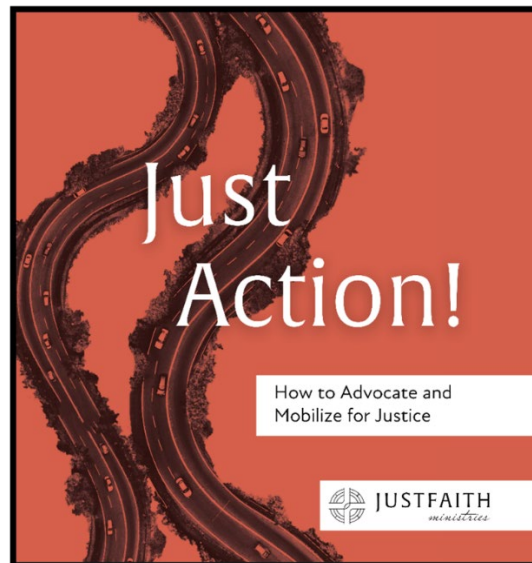
- Prayer & Reflection
- Discussion of Reading
- Videos/Group Activities
- Spiritual Practices
- Integration of Faith

Framework and session topics:

- Optional: Get-to-Know-You Session
- Session 1: Laying the Foundation
- Session 2: Moving Toward Beloved Community
- Session 3: Sacred Listening
- Session 4: Empathy for Justice
- Session 5: Anger
- Session 6: Making Requests, Demanding Change
- Immersion Experience
- Session 7: What to Do When the Answer is 'No'
- Session 8: What Next?

Want to Talk? Communication Tools for Divided Times books include:

- *The Compassion Book* by Thom Bond
- *Crucial Conversations, Third Edition* by Grenny, Patterson, McMillan, Switzler, and Gregory



Just Action!

How to Advocate and Mobilize for Justice

Do you want to take action for justice, but you aren't quite sure how to get started?

- Are you already taking action for justice, but you'd like to learn how to be more effective in your work?
- Do you want to get your family, friends, church, or community involved, but you sometimes feel you are the only one doing the work?

Program Overview

Just Action! How to Advocate and Mobilize for Justice guides small groups in taking sustainable, effective, and faith-filled action for justice. Groups begin by discerning a justice concern they would like to address together. Then, with that justice concern in mind, participants learn how to stand in solidarity with those affected by the issue, mobilize others for action, and advocate effectively for lasting change.

Goals of the Program:

- Deepen participants' understanding of biblical justice.
- Equip participants to take effective and sustainable action that reflects the values of their faith.
- Guide the group in creating an achievable and time-bound plan of action, which they will carry out together after Session 8.
- Introduce principles for working in solidarity with communities experiencing the effects of injustice.
- Provide tools for mobilizing churches and communities for action.

Recommended group size: 8-15. Sessions include:

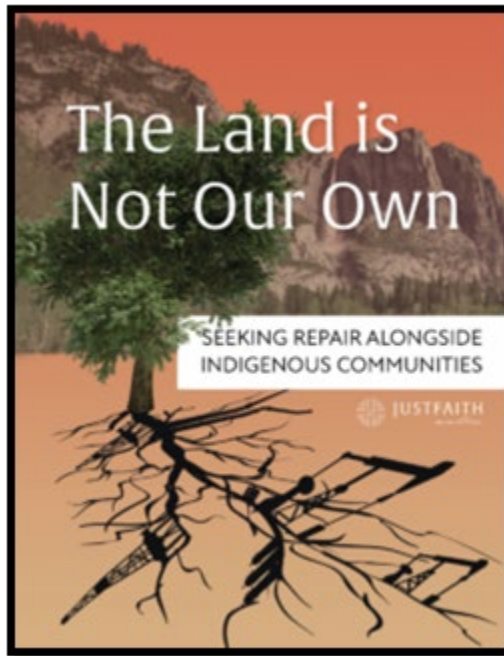
- Prayer & Reflection
- Discussion of Reading
- Videos/Group Activities
- Spiritual Practices
- Integration of Faith

Framework and Session Topics:

- Discernment Retreat
- Session 1: Storytelling
- Session 2: People Power
- Session 3: Nothing about Us Without Us (Guest Speaker)
- Immersion
- Session 4: Base Building
- Session 5: Community Care
- Session 6: Demystifying Advocacy
- Session 7: Nonviolent Direct Action
- Session 8: Next Steps

***Just Action* books/resources include:**

- *The Climate Resistance Handbook* by Daniel Hunter
- *We Cry Justice: Reading the Bible with the Poor People's Campaign*, edited by Liz Theoharis



The Land Is Not Our Own:

Seeking Repair Alongside Indigenous Communities

The Land Is Not Our Own: Seeking Repair Alongside Indigenous Communities inspires and equips people of faith to stand alongside Native communities in working for justice and repair.

Program Overview

This small group process lays a foundation of trust and relationship, so that together participants can acknowledge injustice, honor the interconnectedness of all Creation, and seek healing, repair, and hope alongside Indigenous communities.

Goals of the Program:

- Guide participants in “discern[ing] how Christian communities can address the extinction, enslavement, and extraction done in the name of Christ on Indigenous lands.” *From The Coalition to Dismantle the Doctrine of Discovery*
- Equip communities and congregations to seek justice and repair in solidarity with Indigenous leaders.
- Celebrate the wisdom and traditions of Indigenous authors, artists, and spiritual teachers.
- Through spiritual reorientation, inspire daily decision-making that honors participants’ sacred relationships with all of Creation.
- Transform a collection of 7-14 individuals into a *community* of love and support. The members of your community will continue to encourage one another as you seek spiritual transformation and take action for justice after the program has finished.

Recommended group size: 8-14 for in-person groups; Sessions include:

- Prayer & Reflection
- Discussion of Reading
- Videos/Group Activities
- Spiritual Practices
- Integration of Faith

Framework and Session Topics:

Session 1: The Places We Call Home

Session 2: Whose Land?

Session 3: Sacred Land, Sacred Air, Sacred Water

Session 4: Stolen Children

Session 5: Exile

Session 6: Honoring Indigenous Women

Immersion Experience

Session 7: "We Are Still Here!": Sovereignty and Representation

Session 8: "Solidarity is Not Symbolic"

***The Land Is Not Our Own: Seeking Repair Alongside Indigenous Communities* books include:**

- *The Land Is Not Empty: Following Jesus in Dismantling the Doctrine of Discovery* by Sarah Augustine
- *Living Nations, Living Words: An Anthology of First Peoples Poetry*, ed Joy Harjo

If you are interested in joining the group that is starting in January, or are interested in being part of a group on any of these topics, please contact Joan Howe-Pullis at jhowe-pullis@paxchristi.com.